

# Test Your Blood

## Learn About Your Health



Available at all Health Fairs. See schedule at [www.alaskahealthfair.org](http://www.alaskahealthfair.org).

Testing helps you learn about your health and detect potential problems early—when treatment or changes in personal habits can be most effective. These test results provide you and your healthcare provider with important information about your physical condition and vital organ functions. However, it is not possible to diagnose or treat any condition on the basis of this general health screening alone, and your test results should not be considered a final diagnosis.

Have you fasted? Some test results will be affected if you have recently eaten. Fasting means no food or drink, except water. The optimum fasting time for the Chemistry/Hematology Profile is 12 hours.

**Testing is available to adults 18 years of age and over.** Test results will be mailed to you in approximately 2 to 3 weeks.

BLOOD TEST	CONDITION
<b>CHEMISTRY/HEMATOLOGY PROFILE</b>	<b>\$45<sup>00</sup></b>

### ■ HEMOGRAM WITH PLATELETS

White Blood Cell Count	Infection, Some Malignancies
Red Blood Cell Count, Hemoglobin, Hematocrit	Anemia
Indicies (MCV, MCH, MCHC, RDW)	Anemia, Liver Disease
Platelets	Clotting Ability

### ■ COMPREHENSIVE METABOLIC PANEL

Sodium, Potassium Chloride, CO <sub>2</sub> , and Anion Gap	Kidney and Adrenal Function
Glucose	Diabetes
Total Protein, Albumin, Globulin and A/G Ratio	Kidney, Liver, Infection, Nutrition
Calcium	Parathyroid, Bone Disease
Blood Urea Nitrogen (BUN), Creatinine, BUN/Creatinine	Kidney Function
Bilirubin, Total	Liver Function
Alkaline Phosphatase	Bone, Liver Disease
SGOT (AST), SGPT (ALT)	Tissue Disease or Damage
LD	Heart, Liver, Muscle Function

### ■ LIPID PROFILE

Cholesterol, Triglyceride, HDL, LDL	Coronary Heart Disease
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<b>THYROID SCREEN</b>	<b>\$35<sup>00</sup></b>
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TSH (Thyroid Stimulating Hormone)	Thyroid Function
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*Lab results are only one part of your health evaluation.  
We recommend you consult your healthcare provider to discuss  
your test results as part of a complete medical examination.*

# Test Your Blood

## Learn About Your Health (continued)



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BLOOD TEST	CONDITION	
<b>PROSTATE DISEASE SCREEN</b>		<b>\$25<sup>00</sup></b>
PSA (Prostate Specific Antigen), Men Only	Prostate Disease	
<b>VITAMIN D SCREEN</b>		<b>\$50<sup>00</sup></b>
Vit D (Hydroxy-Vitamin D, Calcidiol, Calcifol)	Bone Metabolism Parathyroid Function	
<b>A1C SCREEN</b>		<b>\$25<sup>00</sup></b>
A1C (Hemoglobin A1C, Estimated Average Glucose)	Diabetes, Glucose	
<b>ABO/RH</b>		<b>\$20<sup>00</sup></b>
ABO/RH	Blood Typing	
<b>B 12 ASSAY</b>		<b>\$35<sup>00</sup></b>
Vitamin B 12	Normal Red Blood Formation, Tissue & Cellular Repair	
<b>TISSUE TRANSGLUTAMINASE AB IGA</b>		<b>\$35<sup>00</sup></b>
TTGIGA (Tissue Transglutaminase AB IGA)	Celiac Disease	

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