

2020 SALEM HEALTH & WELLNESS EXPO

SALEM WOMEN'S EXPO

SEMINARS/DEMONSTRATIONS

SATURDAY, JANUARY 11TH

11:00 AM

What Are Your Cells Trying To Tell You?:

Discover a breakthrough technology that contains active redox signaling molecules, messengers that help protect, rejuvenate & restore cells.

Presented by Carol Huffaker/Susan Anderson - ASEA

12:00 PM

10 Benefits of Strength Training With Workout:

Learn different ways to workout 30 minutes a day with My Curves On Demand.

Presented by Christal Sperling & Sharon Peterson - Curves

1:00 PM

The TRUE Fountain Of Youth:

Learn how to slow decay. How to make the golden years more golden. What simple things can be done to avoid illness NOW. Understand how most illness in old age can be prevented. Learn what to do when PAIN gets in the way. Learn where to start NOW.

Presented By Jefferey Blanchard PT, MS, OCS – Therapeutic Associates

2:00 PM

Smokeless Cannabis Remedies:

Learn about cannabis as medicine. How patients use smokeless cannabis remedies to alleviate pain and sleep issues and more with pharmaceuticals & without becoming addicted. Learn that cannabis can be used without a high yet will still give you relief. We will discuss capsules, tincture, salve, liniment, suppositories, massage oil and more.

Presented by Rhea Graham – Albany's Canna Kitchen & Research

3:30 PM

A Brief History Of Cannabis Prohibition:

Learn How the greed of four men changed the future of America.

Presented by Rhea Graham – Albany's Canna Kitchen